

Referral Form: Residential Accommodation Services

BASSENDEAN

This is a community based, home-like environment that offers long-term accommodation. Bassendean is a recovery focused program for people with severe and persistent mental ill health requiring a high level of support. The expectation is that residents will progress to more independent living arrangements. Support staff are available on site at all times.

Accommodation consists of three separate villas on one campus. Each villa contains four bedrooms. The villas may consist of both male and female residents. Support staff are available on site 24 hrs. 7 days a week.

BUNBURY & BUSSELTON

The CSRU (Community Supported Residential Units) offers a medium to long-term personalised psychosocial support linked to housing. The length of stay is not limited, however, residents are supported on their journey towards mental health recovery and independent living. Support staff are available on site 24 hrs. 7 days a week.

KELMSCOTT

Community Options in Kelmscott provides a long term, recovery based residential service following long term hospitalisation. The service provides person centred support 24 hours a day, seven days a week for people with a severe and persistent mental illness. We work closely with the local public mental health services to provide ongoing clinical support.

Each resident will have a dedicated key worker to work with them on their personal recovery plan, as well as access to recovery based groups and activities which will provide opportunities to develop living skills, participate in community and social activities and access support and information.

QUEENS PARK

Richmond Wellbeing Queens Park service offers long term recovery based support for individuals aged 18-65. The service offers 24 hour support and assistance to work alongside individuals in all aspects of their health and well-being and activities of daily living. The ten bed service offers highly individualised and group support to develop the life of your choosing.

NGULLA MIA

Noongar for Our Place, Ngulla Mia is located in central Perth. This service if for people experiencing mental health issues who are homeless or at risk of being homeless. This service has capacity to support 32 adults. People can stay for up to 12 months to work with the support of a Keyworker, to work intensely on their recovery toward building a meaningful life beyond crisis and distress. We work in a person centred approach to enable recovery through psychosocial supports. The team work according to recovery enabling, person driven practice principles, providing psychosocial support to enable personal recovery.

Applications are reviewed by a panel consisting of our staff, a consumer representative and staff from the relevant mental health services. People using this service are required to have the support of a mental health case worker. The service is staffed 24 hours per day, seven days a week.



Referral form:

Residential Accommodation Services

To be eligible for Richmond Wellbeing accommodation services, if experiencing substance use issues the applicant must agree to work with an appropriate drug and alcohol service (if relevant) and not bring any alcohol and other drugs into the residential service and be between 18 and 65 years of age.

More information on each of these services in available on our website www.rw.org.au.

If you require assistance in selecting the right service, please contact our Intake Officer at intake@rw.org.au or 1800 742 466.

Supporting Documents Checklist

Please refer to the following checklist to ensure your referral is complete and all relevant information is attached.

Your referral must include:

Primary Diagnosis of Mental Health Disorders and/or Mental Health Distress

Details of Forensic History (if any)

Current Medication Plan

NDIS Plan (if applicable)

Current Community Treatment Order (CTO)

Brief Risk Assessment (completed by a clinician)

Physical Health Assessment

Mental Health Treatment/Care Plan or Care Summary

Recent Discharge Summaries (last 12 months)

PSOLIS Alerts

If a referral is incomplete or has conflicting information, it will be returned to the referrer for updating and completion.

Do not hesitate to contact our intake team if you have any questions and a member of the team will be happy to help. Call us on **9350 8800** or email **intake@rw.org.au**



Referrer details

Name	Agency/Position	
Postal Address		Postcode
Phone	Email	

How did you hear about us?

WebsiteFriend/Family/Another ClientFlyerSocial MediaRadioAdvertisingEventGoogleOther:

Applicant to complete

First Name	Family Name		
Preferred Name	Date of Birth		
Address		Postcode	
Phone	Mobile		
Email			

Preferred method of contact

Text Phone call Email Mail

What was your sex recorded at birth?

*Note - there is a separate question about gender

Female Male

Another term (please specify):

How do you describe your gender?

Gender refers to current gender, which may be different to sex recorded at birth and may be different to what is indicated on legal documents.

Man or male Woman or female Non-binary Prefer not to say

[I/They] use a different term (please specify):

Were you born with a variation of sex characteristics (sometimes called 'intersex' or 'DSD')?

Yes No

Unsure/ Dont know Prefer not to say

How do you describe your sexual orientation?

Straight (heterosexual) Gay or lesbian

Bisexual I use a different term (please specify):

Unsure/Dont know Prefer not to answer



Applicant to Complete (cont.)

Pronouns

They/Them/Theirs He/Him/His Other:

She/Her/Hers My Name/None

Relationship status

Single Divorced Self Describe:

Married Widowed
Separated Defacto

Do you identify as Aboriginal or Torres Strait Islander?

Yes - Aboriginal No

Yes - Torres Strait Islander Prefer not to Say

Yes - Aboriginal and Torres Strait Islander

Ethnicity Visa status

Country of Birth

Do you identify as Culturally and Linguistically Diverse (CaLD)?

Yes No Prefer not to say

Main language spoken Interpreter required

English Other: Yes No

Children Yes No

Source of income

Age pension Youth allowance

Carer allowance Paid work

Disability pension Department of Veteran's Affairs

Unemployment (Newstart) Other:

Centrelink Number Expiry



Appli	icant to	Comp	lete (cont.
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Do you hold a DVA card?	Yes	No
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If yes, what type? Gold White Other

Living

Living independently Living with family member/carer

Other:

What service would you like to be referred to?

Bunbury Busselton Bassendean Ngulla Mia Kelmscott Queens Park

Preferred Service

Medicare details

Medicare Number Expiry

Private health cover

Yes No

Provider Member ID

Ambulance cover

Yes No

Are you currently receiving services from another program within Richmond Wellbeing?

Yes No



Contacts

Nominated support person (next of kin / alternative contact)

Name	Relationship
Phone	Mobile
Email	
Do you have a case manager? Yes	No
Name	Organisation
Phone	Mobile
Email	
Do you have a guardian appointed?	Yes No
Name	Email
Phone	Mobile
Do you have a public trustee appointed?	Yes No
Name	Email
Phone	Mobile
Do you have a GP? Yes No	
Do you have a GP? Yes No Name	Email
•	Email Mobile

Which of the above is your preferred contact?

Support person Public trustee

Case manager GP

Guardian appointment

What is their preferred contact method?

Text Email Phone Call Mail





Health and Wellbeing

Please attach a Physical Health Assessment form

Existing NDIS Plan?	Yes		No	NDIS Plan Number:	
Formal mental health diagnosis?		Yes		No	

If yes, please provide details.

Alcohol and other drugs use

Provide details where appropriate.

Drug Type	History of Use	Current Use
Alcohol		
T.H.C. (Cannabis)		
Benzodiazepines		
Opioids		
Stimulants Amphetamines Dexamphetamines A		
Other Hallucinogens MDMA - Ecstasy Prescription Drugs Solvents Any other?		
Cigarettes		



Health and Wellbeing (cont.)

Any associated risk behaviours or problems?

(e.g. self injury, risk of overdose, blood borne disease)

While I am a resident, if I am considered to be using drugs and alcohol which is impacting on my recovery, I agree to work with an appropriate drug and alcohol service.

Agree



Yes

No

Residential Referral Form

Mental and Physical Health

Tick all that apply and provide details below.

Title	Yes	No	Title
Diabetes			Podiatry
Bruise or bleed easily			Dental
Heart complaints			Ulcerations
Liver disease			Asthma
Epilepsy			Allergies
HIV/AIDS			Allergic to medication
High or low blood pressure			Acquired head injury
Speech			Thyroid problems
Visual			Eating disorders
Hearing			Substance abuse
Mobility impairments			Women's health screens
Respiratory disease			Men's health screens
Intersex variation			Transgender health screens
Other (please state)			

If yes, please provide details. Include the impact on your life and relating support needs.

Do you have any mobility aids?

Yes

No

If yes, please provide details:





Mental and Physical Health (cont.)

Medication

How do you feel about taking medication?

Do you take regular medication? (Please attach your medication regime from your treating Doct	Yes tor)	No		
Do you require support taking your medication	ons?		Yes	No
Do you use a Webster Pack? Yes	No			
Any hospital admissions in the last 12 months Provide full details of any admissions (including date and reasons)		es N	lo	



Any attempts at suicide in the last 6 months?	Yes	No
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If yes, please provide details.

Forensic History

Do you have any past or current legal issues? Yes No

If yes, please provide details.

Support Needs

How many days a week do you require support?

Are there any particular tasks you find challenging?



History and Support (cont.)

What support do you require?

(Tick all that apply)

Getting in/out of bed	Bathing	
Dressing/undressing	With continence	
Toileting	Washing	
Cooking	Medication	
Eating	Accessing counselling/talking to someone	
Laundry	Shopping	
Gardening	Cleaning	
Keepingsafe	Communicating	
With documentation	Transport	
Budgeting	Accessing medical/health appointments	
Emotional support	Engaging with social groups	
Advocacy (someone to talk on your behalf)	Information of services/support	
Social/family contact	Psycho-education (e.g. stress management)	
Computer/IT skills	Family relationships	
Others (please specify)		

Please provide details:

Additional comments

Emergency/Early Exit Plan

Have you made any arrangements in the event of an emergency/early exit? Yes

*In the event you are required to leave the program early, where will you go? Please provide details:

No





Consent

Terms and Conditions

I acknowledge the information provided is true and correct. I agree that Richmond Wellbeing may contact my health service providers to gather additional information to assist with my referral if needed. I consent to this referral being submitted for consideration of Richmond Wellbeing's Residential Accommodation services.

I consent to be referred to alternate Richmond Wellbeing services in the event that my first choice is unavailable.

Signature

Date

If guardian, provide a copy of your Guardian Order issued by the State Administration Tribunal.

Guardian signature

Date

If you have a guardian, please email your completed form to them to digitally sign and email it back to you. Once you received the signed copy, please email the form to your healthcare professional to finalise and submit.

To submit please email completed form, along with required documents, to our Intake Officer at intake@rw.org.au



BRIEF RISK ASSESSMENT

RESIDENTIAL REFERRAL

PATIENT DETAILS

Surname:

Patients Address:						Post Code:			
UMRN:		C	Gende	er:		Birth Date:			
SOURCES	OF INFORM/	ATIC	NC						
Previous (Clinical Records				g clinician's knowledg linical presentation	ge of consumer's	past b	ehav	iour/
Medical			P	olice/Ar	mbulance/Other ager	ncies			
Other: (Pl	ease Specify)								
SUICIDAI	LITY								
Static (historic	al) risk factors	Yes (1)	No (0)	Not Known	Dynamic (current) r	risk factors	Yes (2)	No (0)	Not Known
Previous attem	pt(s) on own life				Expressing suicidal	ideas			
Previous seriou	ıs attempt				Has plan/intent				
Family history	of suicide				Expresses high leve	l of distress			
Major psychiat	ric diagnosis				Hopelessness/perc coping or control ov				
Major physical	disability/illness				Recent significant li	fe event			
Separated/Wio	lowed/Divorced				Reduced ability to c	ontrol self			
Loss of job/reti	red				Current misuse of d	rugs/alcohol			
Protective Fac	tors (describe)								

LOW

(<7)

MODERATE

(7-14)

First Names(s):

Level of Suicide Risk (total score)

HIGH

(>14)



BRIEF RISK ASSESSMENT

RESIDENTIAL REFERRAL

AGGRESSION/VIOLENCE

Static (historical) risk factors	Yes (1)	No (0)	Not Known	Dynamic (current) risk factors	Yes (1)	No (0)	Not Known
Recent incidents of violence				Expressing intent to harm others			
Previous use of weapons				Access to available means			
Male				Paranoid ideation about others			
Under 35 years old				Violent command hallucinations			
Criminal history				Anger, frustration or agitation			
Previous dangerous acts				Preoccupation with violent ideas			
Childhood abuse				Inappropriate sexual behaviour			
Role instability				Reduced ability to control self			
History of drug/alcohol misuse				Current misuse of drugs/alcohol			

Level of Aggression/Violence (total score)	LOW	MODERATE	HIGH
Level of Aggression/ violence (total score)	(<7)	(7-14)	(>14)



BRIEF RISK ASSESSMENT RESIDENTIAL REFERRAL

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Risk Management Issues (please ensure Psolis alerts are noted here)

TO BE COMPLETED BY ASSESSING CLINICIAN

Full Name:
Signature:
Organisation/Facility:
Address:



Physical Health Assessment

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PATIENT D	ETAILS									
Surname:					Firs	t Names(s)):			
Patients Address:							Pos	t Code:		
UMRN:			Gender:				Birt	h Date:		
SOURCES	OF INF	ORMAT	ION							
Previous Cl Medical Other: (Plea	ase Specify)	curi Poli	rent clinic	cal p	an's knowle resentatio ce/Other ag	n	consumer's	past	oehaviour/
PRACTITIO	ONER G	PDETA	AILS							
Address: Contact Number	r:			Provide	r Nu	mber:				
CONSUME	R DETA	ILS								
Height	Weight		Pulse		Bloo Pres	od ssure		Temperatu	ıre	
Do yo have any	of the follo	wing condi	tions?	Yes/No)	If yes, ple	ase pro	ovide detai	ls	
Diabetes										
Heart disease										
Breathing difficu	lties									

Urinary problems

Bowel problems



Mobility difficulties	
Hearing issues	
Visual difficulties	
Allergies	
High Cholesterol	
Recent Operations	
Family history of medical issues	
Pain Management	
Communication issues	
Other relevant medical history	

TO BE COMPLETED BY ASSESSING CLINICIAN

Full Name:
Signature:
Organisation/Facility:
Address: