



Richmind
WA

HeART
& Soul

The Art of Connection Exhibition

Artwork by Kristian Eaton

14 October, 11am-12pm
**Foyer of the Perth Convention
and Exhibition Centre**

HeART & Soul is an art program that brings together people with lived experience of mental health challenges, providing a safe, welcoming space to create, connect, and express themselves through art.

This exhibition showcases a diverse collection of works by HeART & Soul participants alongside artists from the wider community. By exhibiting together, the exhibition creates opportunities for connection, understanding, and shared creative expression, helping to challenge stigma surrounding mental health while highlighting the value of inclusion and community participation.

Take home an art piece and be a part of the artist's journey

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It takes courage



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